



Real care. Real savings. Real impact.

Monthly Refill Tracker

A patient-friendly tool to prevent last-minute refill problems and missed doses.

Use this to prevent last-minute refill problems, missed doses, and confusion about who to call.

Monthly Refill Tracker

Medication	Refills Left	Next Fill Date	Call Pharmacy?	Call Provider?	Done

Before I run out, I will:

- ☐ Check my bottle for refills remaining.
- ☐ Call the pharmacy 3-5 days before I run out.
- ☐ Call my provider early if I need a new prescription.
- ☐ Ask if a 90-day supply is available.
- ☐ Ask if delivery, synchronization, or packaging options are available.

Important: Education only. This resource does not provide medical care, diagnosis, treatment, prescription management, emergency support, or individualized medical advice. Always contact your healthcare provider, pharmacist, or emergency services for personal medical concerns.